

SENIOR WEDNESDAYS

April 2024



All programs located in the MPR at 1370 Grosvenor Ave

LUNCH & LEARN

meet. eat. discover.



Community Wellness



Lunch & Learn

April 3rd 12:30-3:00 PM

Understanding Hearing Loss

12:30pm: Lunch **12:45pm:** Presentation

Please RSVP to 204-488-7000 by March 28th

****We will be having open face sandwiches on whole wheat buns & rice cakes. Please bring your own plate and fork*****

Technology Workshop

April 10th 1:00-3:00 PM

Digital Photo Albums—Marla Olinyk

Coffee/tea available

Community Wellness

April 17th 1:00-3:00 PM

Mature Driver Workshop—Safety Services MB

Coffee/tea available

Aging Actively

April 24th 1:00-3:00 PM

System Navigator Supports for Older Adults

Coffee/tea available

For more information, please call Corydon Community Centre at 204-488-7000 or email ckieloch@corydoncc.com

